

ABSTRACT

A head support device which enables a user to comfortably rest in the prone position. The head support device includes a padded member having a generally horse-shoe shape with a top, arcuate sides spaced apart ends, a first inner side wall and a second inner side wall, a first region for supporting the user's face in the frontal sinus area, a second region adjacent to the eye socket and cheek area for supporting the user's face area, and a third region for support along the sides of the user's mandible. The support device also includes a substantially rigid support member for supporting the padded member. The support member has a pair of upstanding splayed outwardly walls which define an air channel for the free exchange of air when the user inhales or exhales. The support member has a plurality of opposing, substantially parallel zones which provide support for the above described support regions of the padded member when the user is lying in the prone position. The padded member is secured to the support member using an attachment method that does not interfere with said padded member conforming to the facial configuration of the user.